



Journal of Oral Surgery Oral Pathology and Oral Medicine
An Official Publication of Bureau for Health & Education Status Upliftment
(Constitutionally Entitled As Health-Education, Bureau)

Optimizing Bone Regeneration Akin to Farmers Cultivation

A Narrative Review

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ABSTRACT:

Achieving optimal regeneration of hard and soft tissue is a dream of every reconstructive surgeon. Healthy and functional bone is a prerequisite for rehabilitative procedures. There is a continuous quest to enhance the quality and quantity of regenerated bone. The principles of farming are time tested and reliable. This narrative review intends draw an analogy between principles of farming and the principles of bone regeneration to optimize the bone bed similar to optimizing the soil bed.

Keywords: Bone regeneration, bone grafts, farmer, growth factors

Access this Article Online

Website: <http://heb-nic.in/osopom-issues/>

Received for OSOPOM 18/05/2023

Accepted for OSOPOM 24/05/2023

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