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OSOPOM

Journal of Oral Surgery Oral Pathology and Oral Medicine
An Official Publication of Bureau for Health & Education Status Upliftment
 (Constitutionally Entitled As Health-Education Bureau)

Role of Cinnamomum zeylanicum in Oral Health Problems

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ABSTRACT:

Medicinal plants are essential for pharmacological research and drug development. Cinnamomum zeylanicum, (Family: Lauraceae) is one of the world's oldest spices. The cinnamon, also known by Cassia, Sweet Wood, and Gui Zhi, is traditionally harvested in Asian countries. It is, perhaps, one of the oldest herbal medicines, having been stated in Chinese texts as long as 4000 years ago. Cinnamon comprises cinnamaldehyde, eugenol, cinnamic acid etc. Cinnamon has antioxidant, antimutagenic, antimicrobial, and anticarcinogenic activities. However, in dentistry till date few studies have been showed to access anticarcinogenic, antimicrobial, antimutagenic, antioxidant and property of cinnamon. It has great potential to be used in treatment of oral candidiasis, oral precancerous lesions and conditions, Vesicobullous lesions, Recurrent Aphthous stomatitis and other oral disorders. Conversely, more studies and research are required to verify the therapeutic potential of cinnamon in treatment of oral diseases.

Access this Article Online

Website: <http://heb-nic.in/osopom-issues/>

Received for OSOPOM 15/12/2022

Accepted for OSOPOM 20/12/2022

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