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Ayurvedic intervention in the management of *Yakrudalyudara* W.S.R. Non-Alcoholic Fatty Liver disease – A Review Article

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Abstract

The term "non-alcoholic fatty liver disease" (NAFLD) refers to a broad spectrum of conditions, including cirrhosis, steatosis, and adipose infiltration in the liver. It has emerged as a major challenge because of its complexity, diagnosing challenges and prevalence. Instead of being a distinct disease entity, NAFLD is a significant modifiable risk factor that is suggestive of the continuous pathology that predicts the likelihood of developing diseases like chronic liver disease, cirrhosis of the liver, ascites, and hepatocellular carcinoma. As far as considering the symptoms of NAFLD, it can be correlated with *Yakrudalyudara*. In the present review article, we have attempted to explore the treatment modalities used in NAFLD by different physicians in the field of Ayurveda.

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