



Conceptual Analysis of Vishavardhaka Bhavas in Ayurveda

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Abstract:

Ayurveda is an ancient Indian system of medicine having eight important branches. Agada Tantra is one of them which deals with Visha (poison) its manifestation and its treatment. Toxicology is the study of poisons including their detection, isolation, estimation, action and antidotes. Humans are constantly exposed to potentially toxic environmental chemicals through food, environmental pollution of the air, water and soil. Susrutha Samhitha and Ashtanga Sangraha suggest extensive information on this Concept of visha vardhaka in the body and termed them as Vishavardhaka Bhavas, Visha vardhaka bhavas are group of such factors that alter the action of poison in the body. These are vital factors that are to be recognized as valid even today. This article is a straight attempt to summarize the information regarding various such toxic factors involved in aggravation of poison inside the body with relevance to seasonal variations and all other basic phenomenon of ayurveda.

Keywords: Visha vardhaka bhava, agada, visha, toxicology.

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Website: <http://heb-nic.in/jrim>

Received on 26/03/2021

Accepted on 26/04/2021 © HEB All rights reserved

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