



HEB

Journal of Research in Indian Medicine
An Official Publication of Bureau for Health & Education Status Upliftment
 (Constitutionally Entitled as Health-Education, Bureau)

JRIM

A Case Report on the Management of Post Surgical Complication of Laminectomy in Ayurveda

Chandu Metri¹, Premlata Kamate²

¹Ph.D Scholar, Government ayurvedic medical college Bangalore. Associate professor, Department of Panchakarma Krishna Ayurvedic Medical College Sankeshwar, Belgaum, Karnataka, India.

²Assistant professor. Department of Prasooti and StreeRoga Shri. J.G.CH. Operative Ayurvedic Medical College Ghataprabha, Karnataka, India.

Corresponding Author: Chandu Metri

Email Id: serviceheb@gmail.com

Abstract:

Sciatica it occurs due to spinal nerve irritation and is characterized by pain in distribution of sciatic nerve. Low back pain and radiating pain due to lumbar disc prolapse are the major cause of morbidity throughout the world. Sciatica is a debilitating condition in which the patient experiences pain or paresthesias in the sciatic nerve distribution or an associated lumbo-sacral nerve root^{1,2}. Lifetime incidence of low back pain is 50-70% with incidence of sciatica more than 40%. However sciatica due to lumbar disc prolapse occurs only in 4-6% of the population³. Conservative, Physical management and the surgery like Laminectomy and discectomy are the choice of treatment. Approximately 80% to 90% of people with sciatica recover over time without any surgical intervention³. Despite the staggering annual costs of back pain to society there is paucity of well controlled clinical trials in the area of low back pain with surgical complications. Here presenting a male case of sciatica underwent laminectomy surgery and got post laminectomy complication with a symptoms of unable to walk and sit with severe numbness and pain in both the lower limbs. With this clinical futures present case was correlated with Gridrasi an Ayurvedic perspective⁴ and treated with classical methods of Pamchakarma Chikitsa^{5,6} like Bastikarma, Snehana, Patrapind sweda and treatment outcome was found to be encouraging in the terms of pain relief, relief from numbness stiffness, able to walk without support within one course of treatment.

Key Word: Sciatica, Laminectomy, Gridrasi, Panchakarma Chikitsa.

Access this Article Online

Website: <http://heb-nic.in/jrim>

Received on 31/01/2022

Accepted on 19/02/2022 © HEB All rights reserved

Quick Response Code:

