



## **A RESEARCH ON PHARMACUETICAL PREPARATION OF TAARAGARBHA POTTALI**

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### **ABSTRACT**

*Pottali Kalpana* is one among the pharmaceutical preparations of *Rasaushadhis*. Among them *Gandhaka Dravita Pottali* which is prepared by boiling the molded medicinal drug in *Gandhaka* for a considerable period of time requires the most attentive preparation strategy. *Taaragarbha Pottali* is a *Gandhaka Dravita Pottali*. The present work details about the method of preparation of *Taaragarbha Pottali* which is an actual reference from the book *Rasayoga Sagara*. A guideline for the preparation of *Taaragarbha Pottali* has been anticipated with the observations recorded during the course of *Paka*. The most crucial part in the process is to preserve the molten consistency of *Gandhaka*, this was made possible by sustaining the temperature. Gradually the temperature was elevated until the completion of the process. The method of administration of *Taaragarbha Pottali* is by rubbing in an even stone and prepared into a paste preferably with honey or medicated ghee. This dosage form is supposed to be very potent in therapeutic efficacy owing to the rapid absorption and distribution of its ingredients.

**Keywords:** *Pottali Kalpana, Gandhaka Dravitha Pottali, Taaragarbha Pottali, Rasayoga Sagara.*

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