



Journal of Research in Indian Medicine
An Official Publication of Bureau for Health & Education Status Upliftment
 (Constitutionally Entitled As Health-Education, Bureau)

**Palliative Management of the Effects of Tracheal Stenosis in Patient of
 Pulmonary Tuberculosis through Ayurveda**

Aayushi Mogra¹ Shraddha Sharma² Atal Singh Kushwaha³ Pramod Bana⁴

¹Final year PG scholar, ²Assistant Professor, ⁴2nd year PG Scholar, PG Dept. of Kayachikitsa, Pt. Khushilal sharma Govt. Auto. Ayurveda College and Institute, Bhopal, Madhya Pradesh, India


³Medical Officer, Department of Health and Family welfare, Govt. Of UP

Email Id: serviceheb@gmail.com

Abstract

The narrowing of the upper airway is known as tracheal stenosis. It can have disastrous effects on the body, including breathing difficulties, persistent coughing, respiratory failure, cardiopulmonary arrest, and even death in cases of complete stenosis. Trauma during endotracheal intubation, a tumor, an autoimmune condition, or an infectious disease can all be the potential causes of the stenosis. It may have no symptoms or it may exhibit symptoms of upper airway obstruction such as dyspnoea, choking, sudden violent coughing, cyanosis etc. Here, a diagnosed case of tracheal stenosis with old history of pulmonary tuberculosis (ATT completed) presented with complaints of shortness of breath with wheezing and stridor, uncontrolled dry cough and fever in the OPD of Pandit Khushilal Sharma govt. auto. Ayurveda college and institute, Bhopal (MP). After thorough history taking and examinations of the 17 year old female patient the palliative treatment was started with *shaman aushadhs* on the basis of *rajyakshama*, *kasahar*, *Shwashar* and *Margavrodhhar chikitsa*, the specifics of which will be discussed in the full paper.

Keywords- Tracheal stenosis, *Rajyakshama*, Pulmonary Tuberculosis

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Website: http://heb-nic.in/jrim	
Received on 16/11/2023	
Accepted on 02/12/2023 © HEB All rights reserved	