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## **Drugs Used In Unani System of Medicine in Management of Dental Plaque and Gingivitis**

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### **Abstract**

**Objective:** The importance which is to be given to oral health is not given, this is leading to oral diseases and systemic diseases. The commonest periodontal disorders such as Dental Plaques (Hafz al Asnaan) and Gingivitis (warm lisa) can be managed with unani system of medicine easily.


Unani system of medicine has explained in detail about dental disorders and management is with herbs and minerals. There is wide range of drugs which have been reported and found successful by using new modern protocols.

**Methods:** The classical texts of Unani system medicine is thoroughly searched and screened for management of dental diseases with special observation on Dental Plaque and Gingivitis with herbs in Unani system of medicine. The findings found in the texts are correlated with recent studies by searching through journals and search engines.

**Conclusion:** Most of the drugs mentioned in literature have been proved effective in management of Gingivitis, Dental Plaque. The foundation of Unani system of medicine in management of Dental Disorders

revealed it can withstand any scientific protocol. The findings can be used for educational, therapeutic and research purposes.

**Key words:** Unani Medicine, Dental plaque, Gingivitis, dental disorders.

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