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A Review on *Sandhana Kalpana W.S.R to Asavaarishta*

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ABSTRACT

Sandhana Kalpana is one of the best dosage forms of Ayurveda in practice since thousands of years. References are available from the Vedic period itself. It has been described in Brihatrayees, Sarangadhara Samhita, Bhaishajya ratnavali, Gada Nigraha and other classical texts. Now a days, *Sandhanakalpana* has been limited to the use of *Asava Arishta*. In this review, it has been discussed about various factors affecting the preparation of *Asava Arishta* like containers, temperature, fermenting initiators etc. and also about Regulatory rules stated in the Drug and Cosmetic Rules 1945 regarding the packing & maximum permissible limit of self generated alcohol in medicine. Through this paper here also mentioned about the various Nonconformances that can occur in the preparation.

Key words: *Asava, Arishta, Fermentation, Sandhanakalpana, Nonconformance*

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