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Ayurvedic Method of Diagnosis and Management of Cancer: A Clinical Experienced Based Protocol

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Abstract

Cancer is an abnormal uncontrolled growth of cells. The incidence and death rate of cancer has been rising day by day despite of conventional therapy. The conventional therapy includes Surgery, Radiotherapy, Cytotoxic Chemotherapy, Hormonal Therapy, Targeted Therapy and Immunotherapy. In spite of all these therapies, the cure rate is very low which is counted in the five years survival rate.

Though the description of cancer is not found directly, it is described under the heading of Arbud & Gulma. Ayurveda is a store of herbal, mineral and herbo-mineral medicines and has been using for prevention or cure or both of various diseases including tumors. In Ayurveda Shodhan Chikitsa & Shaman Chikitsa has been mentioned to treat any disease including Cancer. Raktamokshan (Bloodletting), Shalya Karma (Surgery) and Agnikarma (Heat Burn therapy) are especially useful in this Roga. After shodhan therapy Dhatus are relieved from Dosha and then shaman chikitsa given for the equilibrium of Doshas, Dushya & Srotasa.

The cytotoxic herbal drugs like Bhalatak, Snuhi & Arka, mineral drug like Arsenic and herbomineral drugs like Raudra Rasa, Arbudhar Rasa & Arkeshwar rasa had proved their efficacy during research and will be used it in the treatment of Cancer in therapeutic doses.

Thus, Ayurveda have a potential and will play the important role in the treatment of cancer by using the basic principle of diagnosis and Management mentioned in Ayurveda.

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