



## A Bird View on Parpata (Fumaria Indica)

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### Abstract

In India 65% population of rural area are using medicinal plants to meet their primary health care needs as well as food. Parpata is drug which is used as food as well as medicine. Parpata is Fumaria indica belongs to the family Fumariaceae. Commonly known as fine leaved fumitory is one among the most common herb in India. This plant reduces temperature hence the name Parpata given. It belongs to Shaka varga. It is having reference in Samhita and Nighantu. It has properties such as Tikta Rasa, Laghu Guna, Sheeta Veerya, Katu Vipaka, Kaphapittashamaka. It is indicated in Jwara, Trishna, Daha etc. it is Agrya dravya for Jwara. It can be cultivated. And whole plant used for therapeutic use.

**Key words:** Parpata, Agryadravya, Therapeutic indication

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