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**SCOPE OF AYURVEDIC DIETETIC FORMULATION IN ICDS PROGRAMME IN
UNDERNUTRITION-A FEASIBILITY REVIEW**

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Abstract

Undernutrition is a condition in which there is inadequate consumption, poor absorption or excessive loss of nutrients. Integrated Child Development Services (ICDS) scheme is the largest national programme for the promotion of the mother and child health and their development in the world. After 47 years of ICDS, 36% of under-five children in India as NFHS 5 are underweight, 35.5% stunted, and 19.3% wasted. Ayurveda nutraceuticals and its substitution in these arenas are still not explored. This article evaluates studies on Ayurveda nutraceuticals and discuss the practicability for including Ayurvedic nutraceuticals in ICDS. Clinical research works of eminent Ayurveda academic institutions in India were reviewed, pros and cons of nutraceutical administration feasibility analysed. From this review, it can be understood that ayurvedic nutraceutical is feasible for underweight preschool children and proposes use of them through ICDS will be a boon to combat undernutrition.

Keywords: Undernutrition, Ayurveda nutraceuticals, ICDS, Preschool children

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