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Preliminary Analytical Study of *Ardraka Mathulunga Avaleha*

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ABSTRACT

Ardraka Matulunga Avaleha is a polyherbal formulation which is explained in the text *Yoga Ratnakara*, *Purvardham*, *Arochaka Chikitsa*. Major ingredients present in this formulation are *Ardraka*, *Mathulunga*, and *Guda*. It also contain 15 other drugs which are *Prakshepa dravyas* making a total of 18 drugs in a single formulation. Even though it is mainly indicated in *Arochaka chikitsa*, it is also indicated in many other conditions like *Pandu*. *Ardraka Matulunga Avaleha* was prepared as per the classical method and was evaluated for its organoleptic and physic-chemical characteristics. This study was an attempt to evaluate this formulation analytically for the first time. Analytical results of this study can be used as a preliminary standard for the same and may be used for reference in the future studies.

Key words: *Ardraka Matulunga Avaleha*, *Pandu*, *Yoga Ratnakara* , Analytical results

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