



A clinical study to evaluate the efficacy of local application of *Brihat Marichyadi taila* in the management of *Dadru* (fungal dermatophytosis)

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Abstract

Dadru is one of the common skin disease mentioned in *Ayurveda*. In modern science the clinical manifestation of *dadru* is closely similar to local fungal infection/tinea infection which is affecting upto 15% of population. Excessive severe itching and red patches are the common clinical manifestation which can be diagnosed by *darshana* and *prashana pariksha*. KOH and fungal culture are the specific tools for diagnosis of fungal infection.

In *Ayurveda* all the skin diseases are considered under *Vyadhi Kushtha* and clinically it is similar with the symptoms of *Tinea Corporis*. It is commonly found in society. *Aacharya Sushruta* and *Vagbhatta* included it under *Mahakushta*. *Aacharya Charaka* has explained it under *Kshudra Kushtha*.

Effect of *Brihat Marichyadi taila* on various signs and symptoms of *dadru kustha* was found to be significant in *Kandu*, *Raga*, *Size of mandal*, *No. of mandal* and *Pidika*. An overall of the therapy shows *Brihat marichyadi taila* is effective in 8 patient (26.67%) and got above 75% relief and 12 patients (40%) got moderate effect i.e. more than 50% and less than 74% relief while 10 patient (33.33%) got mild effect i.e. more than 25% and less than 49% relief in the sign and symptoms. There is no poor effect found in the patient i.e. below 24%.

Keywords: *Kushtha*, *Dadru*, *Brihat Marichyadi taila*, *Tinea*.

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