



**A PHYSIOLOGICAL CONCEPT OF COMPREHENSION OF RASA SAARATA & ITS
 FRESH WOUND HEALING ABILITY W.S.R. TO KASHYAP**

Dr Arvind Paikrao M D (Ayu)

Associate Professor, Kriyasharir (Physiology) Department, G. J. Patel Institute of Ayurvedic Studies & Research, Anand-388121.

Email Id: serviceheb@gmail.com

ABSTRACT:-

The Ayurveda is the ancient medical science, there are many concept which still not known by common people, even peoples are landed in this 21st centuries; it is time need to reach such types of concept towards common people as well as it must be get to be known or aware them or other Aryurvedic concepts also.

Similar concept about rasa saratha; Acharya Kāshyap has said, that “*Sadya kshata prarohasch twak sāra sutun ruha*” it says that in twaka sarata person’s fresh injuries heals with very ease. In Ayurveda says the twaka sārata is equal to the rasa sarata & rasa if considered as one of the tissue i.e. dhātu, it is known by the concept of the plasma.

Common rasa sārata lakṣaṇa:-

Physical signs: - these are as; skin is unctuous, smooth, soft, and clear with fine, sparse, deeply rooted and delicate hairs and is lustrous.

Indications: - Happiness, good fortune, power, enjoyment, intelligence, learning, health, cheerfulness and longevity.

The common feature of twak sarata is fresh wound heals very easy which is said by Ācharya Kashyap. This concept has deeply rooted meaning, here it will tried to elaborate with the help of modern science & also tried for more comprehensive for everyone as much as possible.

Key words: - Rasa sārata, Freshly injuries healing, Ayurveda, Rasa dhātu, Healing mechanism etc.

Access this Article Online

Website: <http://heb-nic.in/jrim>

Received on 24/02/2021

Accepted on 4/03/2021 © HEB All rights reserved

Quick Response Code:

