



## Ardita Vyadhi Ayurved Chikitsa W.S.R. To Bell's Palsy A Single Case Study

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### ABSTRACT:

Ardita vyadhi can be placed under the Modern science as Bell's Palsy. Bell's Palsy is also commonly known as a type of Facial paralysis i.e. the condition caused by the paralysis of the facial nerve (VIIth cranial nerve). Ardita (Bell's Palsy) is the condition which presents with the Drooping of the mouth (Mukhaardha Vakra), Inability to close eyelid and associated with the impairment of motor and sensory functions of the affected side of the face. The present case study deals with the case of Ardit (Bell's Palsy) and its Ayurvedic diagnosis and management.

A 26 years Female patient was came to SSNJ Ayurved Hospital, Solapur with presenting chief complaints of Ardita (Bell's Palsy) are left eye dryness, irritation and inability to close the left eye with asymmetry of the face, occasional drooling of fluids by mouth, and She was unable to move both the upper and lower side of her face since 10 days. And she got relief up to 90% within 21 days by Ayurvedic management.

**KEY WORDS:** Ardita vyadhi, Bell's Palsy, Facial paralysis, Vata Dosha.

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