



ANALYTICAL CASE STUDY OF BMIOF MILDLY SYMPTOMATIC COVID-19 PATIENTS WITH REFERENCE TO MIZAJ

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ABSTRACT

Mizaj is fundamental concept of unani system of medicine and a basic pillar for diagnosis and line of treatment for diseases. Every human being has been provided a specific Mizaj to perform his functions properly and if mizaj gets disturbed body becomes susceptible to develop disease. Objective of this study was to evaluate the relationship between the BMI of mildly symptomatic COVID 19 patients and mizaj of patients. 78(seventy eight) mildly symptomatic COVID 19 patients fulfilling the criteria were enrolled in the study followed by their mizaj were assessed with the help of proforma generated by CCRUM based on objective and subjective parameters given by eminent Unani physicians. Following by assessment of BMI. Based on various observations it is found that Balghamimizaj individual has highest mean BMI and Damvimizaj has lowest BMI. This result is not statistically different from hypothesis and it is clear that there is a possible correlation between BMI, Mizaj and mildly symptomatic COVID 19 patients.

KEYWORDS

Mizaj, saudavi, damvi, balghami, safravi, BMI, temperament and covid 19.

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