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Role of *Dhatturadi Tailam* and *Kutannatadi Tailam* with Oral Administration of *Yashtimadhu Churna* in *Khalitya* W.S.R. to Xenobiotics: A Randomized Comparative Trial

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ABSTRACT:

Back Ground: In Ayurveda, hair loss is referred to as *Khalitya*, which described under the heading of *Shiroroga*. Pitta and Vata induce hair fall by engaging the hair roots (Romkoopa), and subsequently *Shleshma* and *Shonita* obstruct the Rom-Koopa channel, causing new hair regeneration to stop, resulting in *Khalitya*. Excessive use of cosmetics, a change in lifestyle, and various types of water, airborne pollution, an extremely busy schedule, an unhealthy diet, stress, and a weaker immune system are some of the additional factors that can cause hair loss. **Aims & Objectives:** To compares the efficacy of *Dhatturadi Tailam* and *Kutannatadi Tailam* along with *Yashtimadhu Churna* on *Khalitya*. **Material and Methods:** total 40 patients suffering from *Khalitya* were enrolled in the present study and randomly divided in to two groups i.e in Group A (n = 20), local application of *Dhatturadi Tailam* along with *Yashtimadhu Churna* was administered with milk in a dose of 1 g which was indicated for 30 days. In group B (n=20) local application *Kutannatadi Tailam* along with *Yashtimadhu Churna* in dose of 1 gm with milk was administered for 30 days. **Results:** In group A, relief % on the basis of improvement in the clinical symptoms of *Khalitya* was found 75.42%, in Group B it was 69.99 %. **Conclusion:** It was concluded that group A (Local application of *Dhatturadi Tailam* along with oral administration of *Yashtimadhu Churna*) was more effective in *Khalitya*

Keywords: Khalitya, Xenobiotics, Dhatturadi Tailam, Kutannatadi Tailm, Yashtimadhu

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