

Management of Transphincteric Fistula Using Modified Ksharasutra A Case Report

Dr Sreelekshmi V S¹, Dr Minu Rosamma Joseph², Dr Arya S Menon³,
Dr Rajeshwari P N⁴, Dr Rabinarayan Tripathy⁵

Email ID-serviceheb@gmail.com

ABSTRACT:

Bhagandara is a terminology in *Ayurveda* for a chronic sinus in the, perianal area or perineum discharging pus or blood. It can be correlated to the modern concept of Fistula in ano. Though the condition is not fatal, results of surgery are sometimes less satisfactory, owing to the complications like faecal incontinence and recurrence. *Ksharasutra* is a parasurgical procedure in classical *Ayurveda* which was proven much beneficial when compared to fistulectomy in low anal fistula through extensive research. It resembles the Seton placement in modern surgery. This is the case of a 30 year old male, who presented in the Out Patient Department (OPD) of Department of Shalya Tantra (Surgery), Amrita School of Ayurveda, with external opening at 12 o' clock position associated with thick bloody discharge since past 2 months. Magnetic Resonance Imaging (MRI) Fistulogram revealed a low anal, transphincteric fistula. He had a history of subcutaneous abscess 6 months back and had been under allopathic management. The fistula was successfully treated using *Ayurvedic* internal medications, infiltration of *Yashtimadhu Thaila* into the fistulous tract, ligation of *Guggulu* and *Tankana* coated *Ksharasutra* (GTK), *Jatyadi ghrtha* wound dressing and with minimal complications. The duration of intervention was 3 months.

KEYWORDS: *fistula-in-ano, guggulu, tankana, ksharasutra, bhagandhara, yashtimadhu thail, medicated seton*

INTRODUCTION

Bhagandara is a surgical disorder enumerated in *Susrutha Samhitha*. Fistula with a radial tract it is correlated to *Riju Bhagandara*. *Ksharasutra*, the *Ayurvedic* counterpart of Seton placement has been widely accepted para-surgical technique in managing complex fistula as it preserves sphincter mechanism. The technique used in this case study is a combination of *Guggulu* and *Tankana Ksharasutra* (GTK) ligation in the fistulous tract.

Access this Article Online

Website:<http://heb-nic.in/jrim-issues/>

Quick Response Code:

Received on 30/10/2019
Accepted on 02/11/2019 © HEB All rights reserved

