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Efficacy of Siravyadh as Half Part of Treatment in Shalyatantra- A Clinical Study

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ABSTRACT:

Shalya-tantra is one of the branch of Ashtangaayurveda in which eight types of surgical techniques are described. Among them *vistravan* is one of the surgical procedure, is also called as *raktamokshan*. Raktamokshan means letting out impure blood from the body in order to prevent and cure diseases. Rakta means blood and mokshan means leeting out. Raktamokshan by using shastra is of two types. **1.Pracchan** **2. Siravyadh**. when the curable diseases which are not cured by sheet, ushna, snigdha and ruksha chikitsa then the diagnosis should confirmed that these are the raktajroga-Blood diseases. A simple example of **Jirna jwara**, when it is not cured by various treatment then "**Siravyadh**" is one of the effective and successful treatment for jirnajwara. When blood get vitiated by vatadi dosha then not only shariric vyadhi[Systemic diseases] developes but also mansik vyadhi[psycological disorder] like unmad, moha, murcha, udweg, mahagad, abhinyas and hriddrav etc developes, in such diseases **siravyadh** is most successful treatment. 1

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