



Journal of Research in Indian Medicine
An Official Publication of Bureau for Health & Education Status Upliftment
(Constitutionally Entitled As Health-Education, Bureau)

Role of Ayurveda in Heart Diseases

1st Satya Deo Pandey & 2nd Priyanka Singh

1st Professor, Desh Bhagat Ayurvedic College And Hospital, Deshbhagat University Mandigobindgarh Punjab
2nd Reader Samhita Siddhanta, Desh Bhagat Ayurvedic College And Hospital, Deshbhagat University
Mandigobindgarh Punjab

Email Id: serviceheb@gmail.com

ABSTRACT

Among non-communicable diseases, cardiovascular diseases account for a significant portion. Heart valve disorders are a major contributor to the cardiovascular diseases that kill and injure people in India. The primary cause of death worldwide is now non-communicable diseases, which have surpassed infectious diseases in terms of the global burden of disease. Although there are numerous cutting-edge therapy and diagnostic methods for people with Hridya Roga (cardiac disorders), not every patient and their family can afford these methods.

India is on track to overtake the United States as the world's hub for heart disease. This puts a great deal of strain on the management's available medical and surgical resources. Therefore, it would be a huge benefit if these diseases could be controlled by conventional medical systems like Ayurveda, as this would prove to be an effective conventional treatment and avoid the need for problems and surgery.

This article seeks to comprehend VHD (Valvular Heart Diseases) from an Ayurvedic perspective and critically evaluates the available Ayurvedic therapy options. Although no one condition can be directly linked to VHD, it is observed that many of the clinical characteristics of "Hrida roga" found in Ayurvedic classics are comparable to those of VHD and can be well treated using traditional herbs and formulations.

KEYWORDS – Ayurveda, Hridayaroga, Heart diseases

Access this Article Online

Website: <http://heb-nic.in/jrim>

Received on 04/11/2022

Accepted on 21/11/2022 © HEB All rights reserved

Quick Response Code:

