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Ayurvedic aspect of uterine prolapse- a review

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ABSTRACT

It is one of the common clinical condition met in day to day Gynaecological practice. It is most often seen in multiparous women. Uterine prolapse greatly diminish the quality of life .If women do not follow paricharya and neither follow the Ahara vidhi called Mithayachara causes loosening of ligament and muscle leads to descent of pelvic organ from its place that is Mahayoni .According to Ayurveda Mahayoni is tridoshaja vikara.

KEYWORDS Ayurveda Yonivyapad, Uterine Prolapse, Mahayoni.

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