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**Management of Bhagandara (FISTULA-IN-ANO) With Ksharasutra:
 A Case Study**

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ABSTRACT

Fistula in Ano is a chronic inflammatory condition having a tubular structure with opening in the Anorectal canal at one end and surface of perineum or perianal skin on the other end. Any opening in perianal area with chronic pus discharge indicates fistulous tract. Prolong sitting, unhygienic condition, obesity, repeated irritation due to hair may increase the risk of occurrence¹. In Ayurveda it is correlated with Bhagandar and Acharya Sushruta mentioned it is one of the ashtamahagada & also mentioned five types of Bhagandar². He had explained Shastra karma along with Kshara karma and Bhesaja chikitsa for treatment³. Here a case of fistula in Ano in a 45 year male patient was examined in Shalya OPD and treated with Ksharasutra, considering it as an ideal procedure in treatment of Bhagandar as it cuts and cures the unhealthy tissue present inside the fistulous tract.

KEYWORDS: Bhagandar, kshara sutra, fistula in ano, ashtamahagada

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