



Journal of Research in Indian Medicine
An Official Publication of Bureau for Health & Education Status Upliftment
 (Constitutionally Entitled as Health-Education, Bureau)

ROLE OF *KAKUBHĀDI AVACŪRṆANA* IN THE AYURVEDIC MANAGEMENT OF *MADHUMEHAJANYA VRAṆA* (DIABETIC FOOT ULCER) – A CASE STUDY

Gayathri Sulochana¹, K. Srinivasakumar²

¹P.G. Scholar, Department of Shalya Tantra, S.V. Ayurveda Medical College, Tirupati, Andhra Pradesh

²Professor & HOD, Department of Shalya Tantra, S.V. Ayurveda Medical College, Tirupati, Andhra Pradesh

Corresponding Author – Gayathri Sulochana, P.G. Scholar, Department of Shalya Tantra, S.V. Ayurveda Medical College, Tirupati, Andhra Pradesh, gayathry29@gmail.com, 9747641249.

Email Id: serviceheb@gmail.com

ABSTRACT

“The destruction / break / rupture / discontinuity of body tissue / part of body, is called ‘*Vraṇa*’.”The healing of wound is a natural mechanism of the body which happens within one week if no Doshic invasion takes place. Wounds in lower extremity are generally caused by venous insufficiency and Diabetic neuropathy which may hamper the quality of life of the patient by ending up in lower limb amputation. *Madhumehajanya Vraṇa* (Diabetic Foot Ulcer) mostly fall in the category of *Duṣṭa Vraṇa* and is considered *Kricchra Sādhya* or *Yāpya*. Management of such ulcer falls into three parts - removal of callus by debridement, eradication of infection by use of antibiotics and reduction of weight bearing forces, often requiring bed rest. Here is being reported a case of non-healing wound after Clavus removal surgery. A 60-year-old male patient with a history of uncontrolled Diabetes mellitus more than 15 years consulted to OPD of Department of Shalya Tantra, S.V. Ayurvedic Hospital, Tirupati with non-healing, irregular shaped wound on the Left foot plantar aspect developed since 6 months’ post-surgery. The treatment resulted in complete wound healing within 4 weeks with Ayurvedic internal and external medicines at OPD level. This case concluded that the regular local application of *Kakubhādi Avacūrṇana* is helpful in Post-Surgical Diabetic Non-Healing wound.

Keywords: *Madhumehajanya Vraṇa*, Diabetic Foot Ulcer, *Duṣṭa Vraṇa*, *Kakubhādi Avacūrṇana*.

Access this Article Online

Website: <http://heb-nic.in/jrim>

Received on 20/05/2023

Accepted on 23/05/2023 © HEB All rights reserved

Quick Response Code:

