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A review literature on Arya Ashtangik Marga of Buddha Darshana

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ABSTRACT

In today's era life is very fast ,everyone running after success ,money power, unwanted desires.many people have everything in their life but still sense of incompleteness ,unsatisfaction causes unhappiness, suicidal tendencies,mental agony,hated,jeolosity among people .

These desires are the cause of miseries controlling the desires gives happiness.Nirvana is the final solution for the relief of miseries.

Baudha darshanas Arya Ashtangik Marg is the path to get free from miseries and to attain ultimate happiness i.e.Nirvana which is goal of everybodies life.(1)

This review article spread a light on the way of life and hopefully will help everyone to get rid of miseries and to get right meaning of life.

KEYWORDS

Arya Ashtangik Marga,Baudha darshana,Nirvana

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