



Journal of Research in Indian Medicine
An Official Publication of Bureau for Health & Education Status Upliftment
 (Constitutionally Entitled As Health-Education, Bureau)

Conceptual Study of Shukradharakala W.S.R to Shukra Ashaya

^{1*} Dr. Prabhuraj Pattadakal ^{2*} Dr. Harshavardhana V.Byalihal *M.D.(Ayur)*

1* Final year PG Scholar, Department of PG Studies in Rachana Sharira

2* Guide, Professor and Head of Department of PG Studies in Rachana Sharira

Email Id: serviceheb@gmail.com

ABSTRACT


Kala are the structures intervening between Dhatu and Ashaya, developed during intrauterine life. These Kalas are seven in number those are Mamsadhara, Raktadhara, Medodhara, Sleshmadhara, Purishdhara, Pittadhara and Shukradhara Kala.

The seventh Kala in the body is called Shukradhara. This Kala is all pervading and is present in the whole body. This Kala is explained with the help of a simily – As the presence of ghee in the milk, sugar in the sugar cane juice, the presence of Shukra or semen is prevalent throughout the human body.

There is a factual need for comprehensive literary study of the Anatomical & Physiological aspects of Kala, from the available Ayurvedic literature, such study can work as a base for routine clinical implementation in Ayurveda for a better understanding of the science, so this work has been selected.

Keywords:

Kala, Shukra, Shukradhara Kala, Shukra Ashaya

Access this Article Online	Quick Response Code: 
Website: http://heb-nic.in/jrim	
Received on 25/01/2025	
Accepted on 04/02/2025 © HEB All rights reserved	