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A Systemic Review on Yukti Praman Applied Aspects in Clinical Practices

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ABSTRACT

The name Ayurveda is made up of two words: Ayu, which means "that which is constantly moving," denotes a dynamic aspect. As a result, Ayu means "life" and Veda "science," therefore the name "Science of Life" refers to the study of the creation of the entire, with a focus on biological life as a unique case. Ayurvedic concepts are all-encompassing. The test (Pariksha), which is given higher importance in Ayurveda because it is a science connected to medicine. As part of Acharya Charaka's original contribution, Yukti was included in the four-part analysis of Sat and Asat, manifested and non-manifest things. This is due to Yukti's unique importance as a tool for obtaining actual knowledge. Knowing the application of information is essential since knowledge is useless if it is not put to use, and Yukti is once again required for this. The Yukti has its own relevance in the present day as well since it serves as the foundation for all research trials done to create, evaluate, or identify the facts. As the ultimate result is merely inferred and not yet proven, the research hypothesis is based on Yukti. Again, the outcome is dependent on a number of variables that are present during the study process. Therefore, Yukti must serve as the foundation for each new discovery, whether it be a fact, a medication, or a principle.

KEYWORDS - Yukti, Pariksha, Guna etc.

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