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PEPTIC ULCERS (QUROOH-E HAZMI) A REVIEW

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MODERN CONCEPT:

Peptic ulcers are common Gastro intestinal disorder which comes under Life style disorder. Peptic ulcers are source that develops in lining of stomach, lower Oesophagus or small intestine. They usually occurs when there is a imbalance between aggressive gastric factors Like Acid , Pepsin,, Refluxed Bile salts and defensive mucosal factors (Gastric Mucosal Barrier, Bicarbonate secretion ,Rapid cell turn over, High Blood flow etc.) and inflammation caused by bacteria (Helicobacter Pylori), as well as frequent use of NSAID like Aspirin, Ibuprofen, Diclofenac Naproxen and other anti inflammatory drugs, smoking, drinking too much Alcohol, Radiation Therapy and stomach cancer.

There are 3 types of Peptic ulcers:

1. Gastric Ulcers (Qurooh-E-Meda): Ulcers that develops inside the stomach
2. Oesophagus Ulcers (Qurooh-E-Mari): Ulcers that develops inside the Oesophagus
3. Duodenal Ulcers (Qurooh-E-Asna E Ashri): Ulcers that develops inside the Duodenal

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