



Journal of Research in Indian Medicine
An Official Publication of Bureau for Health & Education Status Upliftment
 (Constitutionally Entitled As Health-Education, Bureau)

**An Ayurvedic Approach Towards Emergency Management of
 Pakshaghata–A Case Study**

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ABSTRACT :

Pakshaghata is a vatavyadhi (disorder of the nervous system) with rapidly evolving nature, affecting sensory-motor functions.

Though Pakshaghata has been included under Vata nanatmaja vyadhi by Acharya Charaka, there is samsarga of Pitta and Kapha Dosha , explained by Acharya Sushruta and Madhavakara. In all cases of Vata prakopa with Pitta and Kapha samsarga, Pitta should be dealt first followed by Kapha and Vata. The present case study deals with a 54 year old patient with chief complaints of sudden left sided weakness, inability to move the left side of the body, difficulty in standing and walking without support and slurred speech.

He was diagnosed with Left sided hemiplegia with moderate ischemic infarction of the right brain hemisphere in CT and MRI Brain. .

An Ayurvedic diagnosis of Pakshaghata was made and managed according to the treatment protocol explained by Acharya Sushruta. In the initial stage, Himadhara ,shirolepa and Shatadhouta ghrita aalepa all over the body was done. Later,teekshna avapeedana nasya followed by acha sarpipana,mridu virechana and Vatasya upakrama for treating Kaphaja and Vataja stages of the disease was adopted.

Marked improvement was noticed in all complaints at the end of treatment.

Keywords : Pakshaghata, Vata Vyadhi, ischemic infarction, Vatasya Upakarama

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Received on 29/09/2022

Accepted on 12/10/2022 © HEB All rights reserved

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