



A REVIEW STUDY OF *GARBHSHAYYA SHARIR* W.S.R TO *SUSHRUT SAMHITA*

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Abstract-

Ayurveda is an ancient medical science, having detail description of subjects dealing with life science. *Sharir* can be considered as one *Akruti* with *prakrutlakshanani*. *GarbhSharir* is one of the important chapter described in *Samhita* under the heading of *Sharirsthana*. *Garbhavakranti* is the process of development of the *Garbha* having details from conception to birth of mature fetus. *Stri* and *purursha* are the main contributors to the universal progeny but more importance should be given to *Stri*. *Sushruta* has described the *Rutu*, *Kshetra*, *Ambu* and *Beeja* are the chief factors of conception in females. *Kshetra* is *Garbhashaya* or *Garbhashayya*. As it is needful to have information regarding the clinical and applied aspect of *Garbhashayya*, the present study was carried out. This present study was an attempt to explore available information regarding *Garbhashayya* and structure pertaining to it, as described in *Sushrut Samhita*, as *Sushruta is best in Sharira*. All *Ayurveda Samhitas* as well as modern literature was reviewed for the study.

Keywords – *GarbhSharir*, *Rutu*, *Kshetra*, *Ambu*, *Beej*, *Garbhashayya*.

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