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Discussion about Ayurveda Line of Approach for Successful and Low Complication Rate

*Dr Suchith M.S¹ & Dr Panaparambil Krishnapriya Venu²


¹Dr Suchith M.S, BAMS, MS (Ay), Professor and Head of Department of Shalya Tantra, Kerala University of Health Science, Santhigiri Ayurveda Medical College, Palghat, Kerala.

² Dr Panaparambil Krishnapriya Venu, (BAMS, CNAD), Private Practitioner, Ernakulam, Kerala

ABSTRACT

Varicose veins are the veins that have become enlarged and twisted and is caused by poorly functioning valves in the veins, decreased elasticity of the vein wall, allowing pooling of blood within the veins, and their subsequent enlargement. Varicosity of lower limbs may be asymptomatic and may be presented with discomforts-pain, ankle swelling, complications- venous ulcer, itching, eczema. This review-article discuss about Ayurveda line of approach for successful and low complication rate.

KEY WORDS: varicose veins, enlarged veins, ankle swelling, eczema, venous ulcer.

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