



## LEECH THERAPY IN CELLULITIS OF LOWER LIMB(*PittajaVrinashopha*)- A case study

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### ABSTRACT

Cellulitis is simply defined as an acute inflammation of the skin involving the dermis and subcutaneous tissues. The classic presentation of rubor (redness), dolor (pain), tumor (swelling), calor (heat) are the hallmarks of cellulitis. The two most common pathogens associated with cellulitis are *Streptococcus pyogenes* and *Staphylococcus aureus*. Conventional management includes Antibiotics, Anti inflammatory and Analgesic drugs according to the requirement.

Ayurveda describes such inflammatory conditions under Shopha/Shotha/Vrinashopha. Here an attempt was made to treat a Fifty four year old female diagnosed with Acute Cellulitis of Right lower limb. As per treatment protocol of *PittajaVrinashopha*, Leech therapy (Jalaukavacharana) was performed.

**Keywords:** Cellulitis, Vrinashopha, Shotha, *PittajaVrinashopha*, Jalaukavacharana

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