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A REVIEW ON *SURYAKSHARA*

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ABSTRACT

Rasasastra is concerned with the clinical application of minerals and metals. *Ksharas* are one among such potent *rasoushadis*. *Suryakshara* is a mineral-based *kshara*. It is a key ingredient in widely practiced *rasayogas* such as *Sweta Parpati*, *Sheetala Parpati*, *Shankha Dravaka* and *Surakshara Kaseesa*. A literary search on *Suryakshara* was done on *Rasasastra* classics like *Rasendra Chudamani*, *Rasaparakasha Sudhakara*, *Rasaratna samuchaya*, *Rasapaddhathi*, *Brihat Rasarajasundara*, *Rasatarangini* and *Rasa Jala Nidhi*. For new information, web databases were also combed. Chemically, *Suryakshara* is Potassium nitrate. This article is a review on available literatures on *Suryakshara* and Potassium nitrate.

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