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A Review of Clinical Challenges in the Management of Fibromyalgia

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Abstract

Background-Fibromyalgia is a multifactorial, chronic pain syndrome with undefined etiopathogenesis, diagnostic criteria and standard effective treatment. It demands increasing awareness and investigation by researchers. Study of challenges for the management of fibromyalgia, address knowledge gaps and clinically relevant research priorities and will guide future research

Aim-The aim of this review is to summarise the clinical challenges in diagnosis and treatment of fibromyalgia .

Methods-Search of literature were done in electronic databases. Keywords included were fibromyalgia, diagnostic challenges, treatment challenges for all fields with no time limit.

Discussion-Comprehensive review of literature of clinical challenges in aetiology, pathophysiology, diagnosis, comorbidities, treatment undergone. Better understanding helps in avoiding misdiagnosis, overinvestigation, non compliance ,short and long term adverse effects of treatment, psychologically undertreated.

Conclusion-Better comprehensive clinical diagnostic criteria for fibromyalgia to be evolved. Holistic, patient tailored, biopsychosocial treatment approach, pharmaceutical and non- pharmaceutical therapies for management more effective.

Keywords- fibromyalgia, aetiology, pathophysiology, diagnostic challenges ,treatment challenges

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