



HEB

Journal of Research in Indian Medicine
An Official Publication of Bureau for Health & Education Status Upliftment
 (Constitutionally Entitled As Health-Education, Bureau)

JRIM

A Case Report on the Ayurvedic Management of Stroke Acquired Dysarthria

¹Revathy Prasad, ²Sunil John Thykkattil ³Anu.T.S.

¹M.D. Scholar, Department of Kayachikitsa, Govt. Ayurveda College, Tripunithura

²Associate Professor, Department of Kayachikitsa, Govt. Ayurveda College, Tripunithura

³Assistant Professor, Department of Kayachikitsa, Govt. Ayurveda College, Tripunithura

Email : serviceheb@gmail.com

ABSTRACT:

Stroke is a sudden neurological deficit due to ischemia or bleeding involving one or more cerebral blood vessels. In Ayurveda symptoms of *Pakshaghata* resemble stroke. The complications that ensue a cerebrovascular accident ostracize the patient detrimentally. Dysarthria is one such complications. Here, a case report of a 60 year old male patient who suffered a stroke is being reported. The classical Ayurveda treatment for *pakshaghata* which includes internal and external therapies was being administered to the patient. Focussing on the dysarthria, *Brahmidrakshadi Kashaya*, *Saraswatha churna* with *madhu* initially and *Kalyanaka ghrita* later along with Speech therapy were being administered which produced remarkable improvement in the condition of the patient.

Keywords: *Pakshaghata*, *Brahmidrakshadi kashaya*, Dysarthria

Access this Article Online

Website: <http://heb-nic.in/jrim>

Received on 09/05/2021

Accepted on 22/05/2021 © HEB All rights reserved

Quick Response Code:



