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Impact Of Garavisha on Immunity Vis A Vis Covid-19 Crisis: A Conceptual Framework

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ABSTRACT

Visha causes concern to all living beings by making organism grievously ill, its functioning & leading to death in certain cases. It creates depression and sorrow in body & mind. Gara visha literally means the substance which is easily taken orally & function as poison in the body. Acharya Sushruta and Acharya Vagbhata explained it as the poison which is formulated by the combination of virussha Aushadhi, bhasma, waste products of human beings & low potency toxic formulations which when administered kills the person slowly and may produce many diseases. Dushi visha literally means flawed, spoiled, damaged, defective or ruined poison. The term dushi visha is a made up of different words Dushi which means denatured, attenuated, latent, vitiated. Visha means poison. Thus Dushi visha means denatured poison or attenuated poison. Attenuated or denatured poisons function as latent toxin in the body. Acharya Sushruta & Acharya Vagbhata describe Dushi visha any kind of poison originating from inanimate or animate sources or any artificial poison (kritrima visha) retained in the body after partial expulsion or which has provisionally undergone detoxification, by the antipoissonous drugs, first fire, the wind or the sun. Any poison that is having low potency as compare to that of the natural ten properties of Visha, incapable of producing symptoms of poisoning can also be designated as Dushi Visha. Thus this article reviews the concept of Gara Visha and Dushi Visha its signs and symptoms, line off treatment etc. The human body defends itself from harmful agents such as microorganisms present in the environment, which otherwise damage the individual's health. This defensive mechanism is the immune response mediated by the activation of T-cell and B-cell antibody production. The body recognizes and destroys these antigenic harmful agents. The defensive response is altered sometimes in the presence of allergens, causing hypersensitive reactions.

KEYWORDS: Gara Visha, Latent poison, Immunity, COVID19, Hypersensitivity.

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