



Study the efficacy of Ayurvedic drug combination in Covid -19 as adjuvant therapy

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Abstract:

Background: Coronavirus disease 2019 (COVID-19) is defined as illness caused by a novel coronavirus called severe acute respiratory syndrome coronavirus 2 (SARS-CoV-2; formerly called 2019-nCoV). People with COVID-19 have had a wide range of symptoms reported – ranging from mild symptoms to severe illness. Symptoms may appear 2-14 days after exposure to the virus. ¹People with these symptoms may have COVID-19: Fever or chills, Cough, Shortness of breath or difficulty breathing, Fatigue, Muscle or body aches, loss of taste or smell, Sore throat, Congestion or runny nose, Nausea or vomiting, Diarrhea. In current scenario Indian Population was highly affected by the Covid-19. So far in Modern Western Medicine, no cure has been found which is specific to COVID-19. So we try to make out some positive things with the help of Ayurveda. **Material & Method:** 20 Covid-19 Positive Home Quarantine patients with mild to moderate symptoms from PMC (Panvel Municipal Cooperation) Area were selected for trial. Along with ICMR protocol allopathic medication & Ayurvedic Medication were administered to all patients. **Observation & Results:** Significant Results observed in Subjective As well as objective Criteria. **Conclusion:** On basis of observation & results study can be concluded as Ayurvedic treatment can be used as Adjuvant therapy in Covid with reducing risk of Severity & Mortality of Disease.

Keywords: Covid-19, ICMR, Ayurvedic drugs.

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