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## The Role of Millets in Achieving Substainable Developmental Goals, Environment and Health Issues

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## Abstract

Sustainable Development Goals (SDG s) aim to address global challenges and create a more equitable and sustainable future. UN 2030 Agenda with the 17 SDGs, 169 associated targets, integrated the three dimensions of sustainable development- the economic, social and environmental. Millets are ancient cereals playing a vital role in global agriculture and food security.

A comprehensive literature search conducted with relevant keywords, for millets' nutritional profile, health benefits, eco-friendly cultivation, and impact on specific SDGs.

Millets -"yesterday's coarse grains and today's nutri-cereal are small-seeded grains from the Poaceae grass family, with high nutritional value and sustainable cultivation practices. They emerged as key contributors in achieving multiple SDGs related to poverty eradication, health promotion, water conservation, climate change mitigation, biodiversity preservation and sustainable partnerships. As SDGs are interlinked, promoting millet cultivation and consumption could help achieve many SDGs of the UN. Millets play a significant role in achieving various SDGs due to their nutritional richness, eco-friendly cultivation, and economic benefits. Emphasizing millet cultivation can contribute to amore sustainable and inclusive future, aligned with the aspirations of the SDGs.

Keywords: millets, sustainable developmental goals (SDG), food security, poverty eradication

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