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## A Case Report on the Ayurvedic Management of Stroke Acquired Dysarthria

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### ABSTRACT:

Stroke is a sudden neurological deficit due to ischemia or bleeding involving one or more cerebral blood vessels. In Ayurveda symptoms of *Pakshaghata* resemble stroke. The complications that ensue a cerebrovascular accident ostracize the patient detrimentally. Dysarthria is one such complications Here, a case report of a 60 year old male patient who suffered a stroke is being reported. The classical Ayurveda treatment for *pakshaghata* which includes internal and external therapies was being administered to the patient. Focussing on the dysarthria, *Brahmidrakshadi Kashaya*, *Saraswatha churna* with *madhu* initially and *Kalyanaka ghrta* later along with Speech therapy were being administered which produced remarkable improvement in the condition of the patient.

**Keywords:** *Pakshaghata*, *Brahmidrakshadi kashaya*, Dysarthria

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