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Review Article

## **A Comparative Study of Visha Taila and Marichyadi Taila (Local Application) in the Management of Vicharchika**

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### **Abstract**

Human beings are today facing multitude of problems the reason behind this, Present food habits, life style and mental attitudes etc. are entirely different from that of the past. The basic essentials of life air, food and water are all polluted and the hazards paint a gloomy picture for the coming generation. Vicharchika is a type of kshudrakustha often encountered by Ayurvedic Dermatologists characterized with symptoms, namely, kandu (itching), srava (discharge), Pidaka (vesicles), and Shyava varna (discoloration). *Vicharchika* is often correlated to eczema based on the clinical presentations. No satisfactory treatment is available in contemporary medical practice except antihistamines and topical steroids. The involvement of Vata results in dry, blackish lesion of eczema, itching in the affected areas is due to Kapha where as Pitta is responsible for Srava. Though, the disease Vicharchika is not life threatening, it makes the patient worried due to its appearance, severe itching, disturbing routine. The effect of both the taila on the symptoms of the Vicharchika was remarkable. Effect of Visha taila on various signs & symptoms of Vicharchika was found to be significant in Kandu, Strava & Vaivarnya while it was less significant in pidikotpatti & Thickening of skin. Effect of Marichyadi Taila was found significant in Kandu, Srava while it was less significant in Vaivarnya, Pidikotpatti & Thickening of skin.

**Keywords:** Kustha, Vicharchika, Visha taila, Marichyadi taila, Eczema.

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