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Profound Knowledge on Applied Aspects of *Agrya Aushadha*

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ABSTRACT

In Today era *Ayurveda* is becoming more and more conventional globally because of its ecofriendly, cost effective, less side effects and holistic approach. In *Samhita*, *Acharyas* has given the list of *Agrya Dravya* i.e. the drug which can be used as a first drug (Drug of choice) for the treatment of that particular condition or disease. e.g.: *Mutrakruccha-Vataharanam* is *Gokshura* and *VrushyaSarvadoshaharanam* is *Shaliparni*. All *Agrya Aushadhi Dravya* are acts based on its own potential or properties like *Rasa*, *Guna*, *Viryadi* and the chemical constituents. These all *Agrya-aushadhi* are the most potent drugs of that particular disease. Here some examples of *Agrya aushadha* explained with applied therapeutic excellency. One drug can be used in many diseases so as many drugs are used in one disease also. In treatment use of an *Agrya dravya* Instead of using multiple drugs is more economically affordable and effective.

KEYWORDS: *Agrya aushdhi*, *Ekal dravya chikitsa*, Single drug therapy.

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