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Child Undernutrition in India -A Review Based on NFHS 5

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Abstract

Nutrition is central to the achievement of the Sustainable Development Goals (SDGs) of the 2030 Agenda, at least 12 of the 17 SDGs include indicators relevant for nutrition. Still malnutrition among under-five children is an important concern for the health authorities in India. India contributes a third of the global burden of under-nutrition. From National family health survey 1 to National family health survey 5, the prevalence of under nutrition has not declined as desired. NFHS 5 shows detailed, comprehensive, multi-dimensional report card on the state of India's demographic and health trajectory. This article using NFHS-5 data is an attempt to overview the impact of nutritional status of mother, food intake, poor hygiene and safe water supply, recurrent infections on nutritional status of under five children among states and Union territories of India.

Keywords: under nutrition; NFHS 5; under five children.

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