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AYURVEDIC MANAGEMENT OF OLIGOASTHENOSPERMIA WITH GRADE1 VERICOCELE- A CASE REPORT

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Abstract

Male infertility is an alarming health problem today, which merely contribute 30-40 percentage of all infertility cases. Defect in spermatogenesis is major causative factor of male infertility. Impairment may be in any one of the parameters like density motility or morphology of spermatozoa. The patient here diagnosed case of oligoasthenospemia with grade I varicocele in Doppler study. As per Ayurveda classics it can be correlated to ksheena shukra associated with antra vriddhi. Since vasti is the prime treatment modality in shukra dushti, madhutailika vasti is selected by considering its vrishya along with its rasayana action. Semen analysis were done before treatment and after 90th day of treatment, which shows good improvement in seminal parameters such as sperm concentration, morphology and motility

Key words: male infertility, oligospermia, varicocele, anthra vridhi, ksheena shukra, vasti.

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