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## Laser Hemorrhoidoplasty has Benefits over Hemorrhoidectomy: Case Report

*Dr. Vaibhav Mishra<sup>1</sup>\*, Dr. Lalita Dushad<sup>2</sup>*

1\*Assistant Professor Department of Shalya Tantra, PAMC, Bhopal, (M P)

2 PG Scholar Department of Shalya Tantra, Parul Institute of Ayurved, Parul University, Vadodara, Gujarat, 391760

[Email Id: serviceheb@gmail.com](mailto:serviceheb@gmail.com) \*

### Abstract

**Objective:** According to the "vascular" theory, arterial overflow in the superior hemorrhoidal arteries would lead to dilatation of the hemorrhoidal venous plexus. Hemorrhoid laser procedure (LHP) is a new laser procedure for outpatient treatment of hemorrhoids in which hemorrhoidal arterial flow feeding the hemorrhoidal plexus is stopped by laser coagulation.

**Aim:** Our aim was to compare the hemorrhoid laser procedure with open surgical procedure for outpatient treatment of symptomatic hemorrhoids.

**Material and Method.** This study was conducted at Parul Hospital in Vadodara. Patients with symptomatic grade III hemorrhoids treated with the laser hemorrhoidoplasty.

**Result and Conclusion:** As per the plan, laser hemorrhoidoplasty was performed, and an immediate, noticeable reduction in the size of the pile mass was seen along with a decrease in the level of pain without hurting the surrounding mucosa. Laser therapy for a pile mass is a non-invasive surgical procedure that leads to reduce the pile. After the operation, a sizable reduction in pile mass depth was seen.

An important subdiscipline of Astanga Ayurveda, the Shalya tantra, is rich in many aspects of contemporary surgical thinking. As Arsha is one of the Ano-rectal disorders, Sushruta thoroughly discussed the achievements made by the Tantra in these conditions. The word "Arsha" comes from "Ru Gatau" Dhatu and has the prefix "Asun," which means "as violent as an enemy."

**Keywords:** Ayurveda, Laser, Hemorrhoidoplasty, Milligan- Morgan, Pain, Arsha.

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