



HEB

Journal of Research in Indian Medicine
An Official Publication of Bureau for Health & Education Status Upliftment
 (Constitutionally Entitled As Health-Education, Bureau)

JRIM

An overview of *Mentha pulegium* – A versatile Unani drug

Dr. Kouser Fathima Firdose¹, & Dr. Arshi Anjum²

¹Assistant Professor, Dept of IlmulQabalatwaAmrazeNiswan, NIUM, Bengaluru, India

²Assistant Professor, Dept of IlmulQabalatwaAmrazeNiswan, SUMC, Prayagraj, India

Email Id: serviceheb@gmail.com

ABSTRACT:

Menthapulegium L. (*Mushktramashi*) are growing wild in Egyptian flora, they have many biological activities and commonly used as traditional herbal medicines. It is commonly known as (European) pennyroyal, or pennyrile, also called squaw mint, mosquito plant and pudding grass. Pennyroyal is a traditional culinary herb, folk remedy, and abortifacient. The essential oil of *M. pulegium* has been shown to have several biological properties such as cytotoxic on SK-OV-3, Hela and A549 cell lines, antimicrobial, antioxidant, insecticidal. *Menthapulegium* have a significant place in alternative medicine, has pharmacological effect. It is used to treat colds, sore throats, cough, bronchitis, lung infections and all kinds of cold. It is also an excellent digestive agent. In this review paper both modern and unani aspects of *menthapulegium* have been covered.

Key words: *Mushktramashi*, *menthapulegium*, antioxidant, antimicrobial, insecticidal.

Access this Article Online

Website: <http://heb-nic.in/jrim>

Received on 06/10/2020

Accepted on 25/10/2020 © HEB All rights reserved

Quick Response Code:

