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## Role of Virechana Karma in Male Androgenetic Alopecia (MAA)

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### ABSTRACT :

The most commonest form of hair loss in men is Male androgenetic alopecia (MAA). MAA specially affect the mid frontal scalp, temporal region and vertex. The beauty of face is their hairs in male. It affects self-image and too nervous to talk to people that no one should make fun of him in the society. It also impact on the personality and lose the confidence level. It becomes the cause of Anxiety and Depression in most of the male person. The prevalence of Androgenetic alopecia in the male population between the age of 30 & 50 yrs is 58%. It is genetical disorder due to excessive response to androgen hormone. In *Ayurveda*, Hair loss is termed as *Khalitya*. *Khalitya* is described as one of the *Kshudra roga* in *samhita*. *Acharya Sushruta* has explained *Pitta Dosha* together with *Vata Dosha* come in contact with hair follicle make of hairs of scalp to fall off, then *Kapha Dosha* together with *Rakta* blocks the channel of hair follicles leads to stop the regeneration of hair, this disorder is called *Indralupta*, *Khalitya* or *Rujya*. Thus, the main causative factor of *Khalitya* is *Vata*, *Pitta*, *Kapha Dosha* & *Rakta Dushya*. *Virechana karma* is the best treatment modality for *Pitta Dosha* also *Vata* associated with *Pitta Dosha* & *Kapha Dosha* associated with *Rakta Dushya*.

**KEYWORDS :** *Khalitya*, Male androgenetic alopecia, *Virechana Karma*, *Kshudro roga*.

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