Tendinopathy from Ayurved Perspective

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ABSTRACT:

Tendinopathy refers to a painful tendon with histological signs of inflammation within a tendon .It is commonly found in individuals ,if treated properly it is curable late diagnosis and improper treatment may lead to permanent loss of the normal function of a tendon .In Ayurveda which aliments can be considered under tendinopathy were reviewed in Ayurvedic classics.

KEY WORDS: Nanatmajvyadhi, Vayu Khudavata, Snayu

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