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JRIM

Journal of Research in Indian Medicine
An Official Publication of Bureau for Health & Education Status Upliftment
(Constitutionally Entitled As Health-Education, Bureau)

Medicinal Excellence of Water for Life

Dr. Bhaktikar Jha, Prof. (Dr.) Dilip Kr. Goswami

M.A.Ph. D, Associate Professor, Sanskrit, Department of Ayurveda Samhita Siddhanta, Sri Sri College of Ayurvedic Science and Research Hospital, Sri Sri University, Cuttack, Odisha, India

B.A.M.S. MD (Ayurveda), Ph. D., Head, Agadatantra (Toxicology, Forensic Medicine and Medical Jurisprudence). I.A. Ayurvedic Medical College, University of Science and Technology, Meghalaya, India

Email Id: serviceheb@gmail.com

Abstract

In the light of Physics, each and every substance is made up of 5 great elements. They are Earth, Water, Air, Fire and Sky. The source of these five elements is subtle. They are smell, light, juice, touch and sound. By nature, they work eco-friendly. They co-operate one another perfectly in configuration of Structure. The structural engineering is praise-worthy in the light of Science like Sankhya Philosophy. Water has been a backing support of our Chemistry openly. And, Biology is greatly assisted with water in life. Thus, Zoology and Botany always welcome water on this Earth. The parental source of water is Rasa. Water is itself a drug which supplies vital power to the body so as to be activated for working properly. This is the framework of the group of the 5 Great Elements in fact. They are perfectly designed in scientific manner. When air goes out of body, body is called dead, so when water goes out of paper, the paper is valued pale. It is the history of Manuscript. Of course, whenever paper contains mass of water, it is torn with smooth sound and on the other hand when it doesn't consist water, it's broken with harsh sound. This is the story of water indeed. As a result, presence of water is the sign of life clearly. Water has been a good ethical source of mankind to lead life. The intention of the author of this article is to explore the classical concepts of water and its importance for maintenance of healthy life.

Key Words: *Medical Science, Art of Treatment, Ayurveda, Great Elements, Water.*

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Website: <http://heb-nic.in/jrim>

Received on 03/02/2025

Accepted on 13/2/2025 © HEB All rights reserved

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