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JRIM

Journal of Research in Indian Medicine
An Official Publication of Bureau for Health & Education Status Upliftment
 (Constitutionally Entitled As Health-Education, Bureau)

A Comprehensive Study on Selection, Preparation, Processing and Standardization of *Arshoghna Mahakashay Ksharshutra*

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Abstract-

According to reference of *Shabdakalpadruma*, the word *Kshara + sutra* Derived from the root *Kshara* means to melt away or to perish and word *Sutra* mean thread.^[1] *Ksharsutra* is a thread which is made up of caustic material and helps in destroying the devitalized tissue and to disintegrate the skin or other tissues.^[2] *Ksharshutra* is para surgical Procedure with minimal invasion its practice was initiated by Acharya Sushruta who lived between 800 B.C. and 1000 B.C. *Acharya Sushruta* has used *ksharshutra* in various ano-rectal Disorders like fistula, haemorrhoids and sinuses.^[3] In the chapter of *Shotha chikitsa* of *Chikitsasthana Acharya Charaka* has described that in the chapter of *Shotha Chikitsa adhyaya* that *Kshara Shutra* should be used with other measures in the treatment of *Bhagandara*.^[4] The *Ksharashutra*, an integral component of Ayurvedic surgical interventions, is Renowned for its therapeutic efficacy in ano-rectal disorders. This research investigates the Detailed preparation process, highlighting the importance of crucial elements such as thread selection, *kshara* preparation, the gathering of Snuhi ksheera, the *ksharashutra* cabinet, and proper sealing techniques.

KEYWORDS – *Kshara sutra, Arshoghna Mahakashay.*

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Website: http://heb-nic.in/jrim	
Received on 11/06/2025	
Accepted on 18/06/2025 © HEB All rights reserved	