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Clinical Evaluation of Virechana Karma with Gandharvahasthadi Kwath in the Management of Amavata W.S.R Rheumatoid Arthritis

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ABSTRACT

Amavata is a terrible illness that is very widespread these days. Amavata was given its name in consideration of the two main pathogenic elements, Ama and Vata. Amavata is the state that results when Ama and Vata are vitiated at the same time and enter the Trika and Sandhi, ultimately causing the body to become stabdhata (stiff). The purpose of this study is to compare the effectiveness of gandharvahasthadi kwath and virechana vs Amavata. 40 randomly chosen Amavata patients were registered, 40 of them were on Gandharvahasthadi Kwath, and these patients received virechana. According to statistics, there was a considerable improvement in the treatment of Amavata symptoms, and there were also highly significant findings regarding Amavata symptoms.

Keywords: amavata, gandharvahasthadi kwath, rheumatoid arthritis.

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